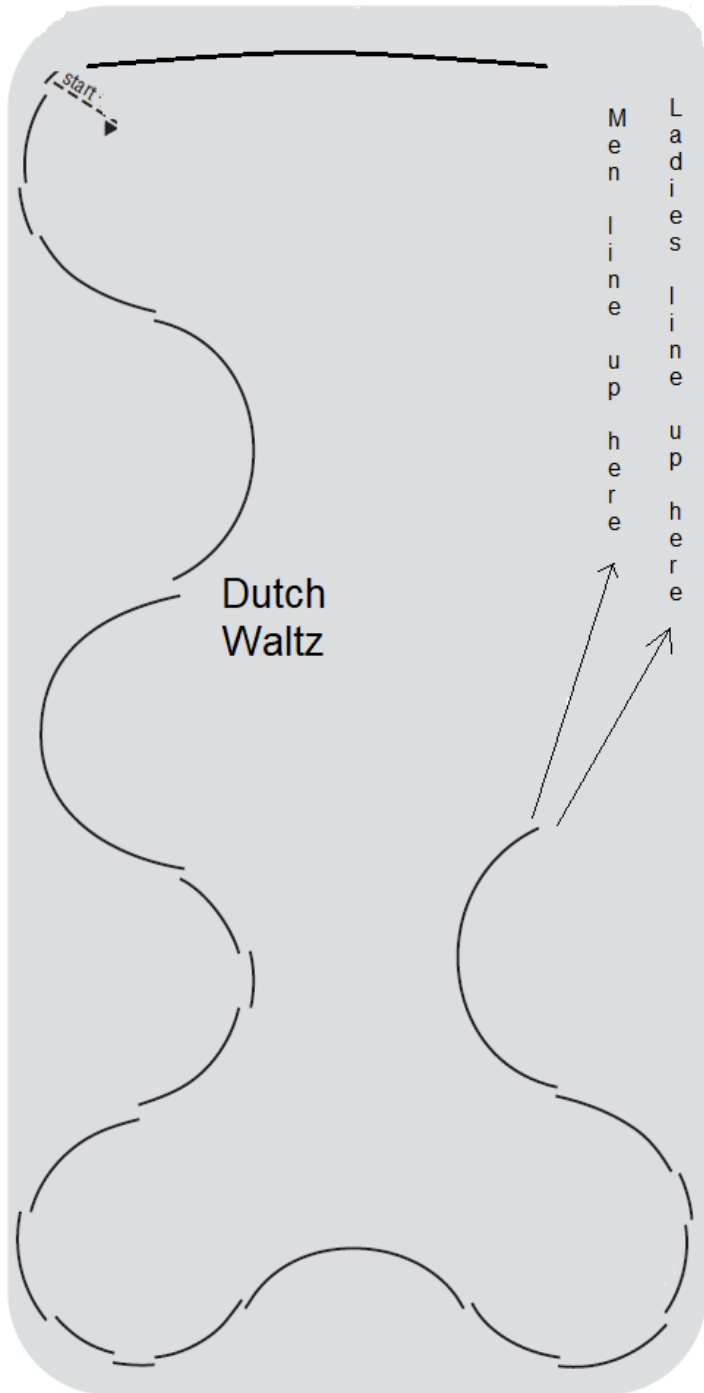


# SKATING A MIXER



1. Ladies line up along the boards with the first lady at the start position for a Dutch Waltz.
2. Men line up alongside the ladies.
3. The man and lady at the head of the line skate a single pattern (1/2 lap) of Dutch Waltz plus just enough to get to the end of the line.
4. The man and lady separate and go to the ends of their respective queues.
5. Repeat until music stops.

